

## INTER-MISSION CARE AND REHABILITATION SOCIETYPROJECT KARUNA COVID 19 RELIEFSPECIAL ISSUEKARUNA AMIDST CORONA CRISIS25 MAY 2020



Ration Packets Distribution: 1500 packets to very needy families and individuals such as widows, elderly, families affected with HIV & AIDS, transgenders (Hijra), homeless, lepers, handicapped, tribals & nomads and communities that survive on menial labour.



Ready Meals for the Homeless:

Delicious and healthy homemade food prepared with love and distributed with dignity to people living on the pavements in South Mumbai. All of them were daily wage earners & have lost all forms of livelihood.



Door-Step- Delivery of ART & ration packets:

IMCARES supported volunteers take calls from the very poor HIV & AIDS sufferers, requesting for the lifesaving ART drug. In coordination with MDACS the volunteers delive the drug to the needy along with a bag full of rations.

THUS FAR....

IMCARES has Reached out to 2500 families with 18665 Kgs. of food material, 3500 soaps. 3000 ready meals for the homeless poor. ART door-step-delivery to 75 HIV & AIDS sufferers. Support to Doctors, paramedics and Mumbai Police with nutritional supplements. And yet, A LONG WAY TO GO.....



**Tea labourers in Darjeeling:** Most of the labourers have been jobless many from many months due to a labour stike followed by the Covid 19 lockdown. Lack of opportunities, poor wages and hunger often makes young girls here vulnerable to human trafficking. In partnership with a local doctor, IMCARES reached out to 60 families doing casual labour in a tea estate in Darjeeling (West Bengal).



Caring Care for **Providers:** Everyday, IMCARES is providing the much needed food suppliment to Doctors and Paramedics of the Govt. St. George Hospital. Every morning fresh fruits are procured, washed clean, individually packed along with one boiled egg & a chocolate. Each pack of approx. 500 gms. contains Proteins: 19.5 gms., Carbohydrates: 87 gms., Fats: 12.5 gms., Vit C: 217 mg., Calories: 480 gms., & ample minerals, vitamins, antioxidants and micronutrients.



**Caring for Police:** Mumbai Police has done a splendid job at the forefront with compassion and discipline. Sadly, many of the police personnel themselves were infected with the Corona virus.

Everyday, IMCARES is providing the much needed food Vitamin C with Zinc tablets (1000 mg.)each, to 200 police personnel of the Mumbai Police at the Gamdevi Police Station.



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## Tawa Village - Migrant Workers

IMCARES provided food materials, fruits, masks, glasses, plates, etc. for 125 stranded migrant labourers at a Govt. shelter at Tawa illage in Palghar district, near Mumbai for 6 weeks. This project has now ended as the migrants have left for their villages.

**Task Force:** IMCARES thanks all its staff, residents of its premises, and over 50 volunteers. The Magicians Rugby Team, Cuffe Parade (*led by Bharat Chavan*), Kandivalli slums (*led by Bharat Waghmare*), Geetanagar slums (*led by Vicky Ajay*), Dharavi (*supported by Robert Metri*) Murthi Nagar-(Cooked Meals for the homeless (*led by Joshua Badger*), Sahara Sangati-ART distribution (*led by Mini Varghese*), Tawa Village-*Nitin Thakor*, Darjeeling tea labourers (*led by Dr. Lawrence Bose*), & many others. A special thanks to our consulting relief coordinator-*Benny Michael*.



**Procurement:** Α systematic procurement is done such as quotations/estimates, costeffectiveness. maximum use of resources. Food grains such as Rice & Wheat is procurred from the Food Corporaton Of India godows at cheaper rates.All other materials are purchased in wholesale from the Agricultural Produce Market Committee (APMC) market as well as local stores that give us a good price.



**Safety:** All our volunteers and staff are provided with basic PPEs such as masks, gloves & alcohol-based sanitisers The volunteers are also trained to maintain safety standards. We are in the process of procurring more PPE kits such as head covers, safety goggles, aprons, face shield & full PPE kits



Documentation

Proper records such as inventory of materials procured, beneficiary distribution, invoices, vouchers, along with photo-documentation is maintained.

For donations to IMCARES COVID 19 Relief Work please write to: agape@imcares or call +91 9820611618



I want to thank all our Board members, staff, implementing partners & volunteers for your commitment and hard labour in this project. Many thanks to each and every one who are giving so generously so that we can bring hope to people in this hopeless situation. I want to thank all our donors: Ramesh Shetty, Rajesh Karande, Nikunj Pherwani, Staneley & Rhoda, Joemon & Sarah, SeekAndCare-Rebekka & Nancy, Stephen Douglas - OPC-Belfast, Keiron & Tricia Forbes -Herd Trust, MIE & RCF-Ipswich, Uday & Anila - Highway, BBC-Hindi-Colaba, and many other donors who have given generously through FMT U.K.

We at IMCARES assure you that every donation given towards this project is helping us bring hope to people in need in this battle with COVID 19. INTER-MISSION CARE AND

## THE NEED IS ENORMOUS & WE CONTINUE TO SERVE.



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